THE WEEKLY WOLF



🤝 BELONG | ⭐ ENGAGE | 🏆 SUCCEED

WHAT IS ONE THING YOU CAN DO TO KEEP GOING THIS WEEK?

College—especially community college 🎓—doesn't always go exactly as planned. A tough class, a bad grade, a missed assignment, work or family responsibilities, or simply feeling overwhelmed can make you wonder if you're falling behind.

Persistence doesn't mean doing everything perfectly. It means continuing to take the next step 💪🏽, even when things get difficult.

Try these this week:

- Have a rough week? Reset, don't quit. One bad grade or missed assignment doesn't define your semester.
- Break it down. Instead of thinking about everything you need to do, choose one thing you can accomplish today.
- Ask for help early. Talk with your professor, advisor, Success Coach, or ACE before a small problem becomes a bigger one.
- Use your resources. Tutoring, office hours, advising, Accessibility Services and academic support exist because college isn't meant to be done alone.
- Notice your progress. Give yourself credit 👍 for the steps you've already taken—even the small ones.

TASK: **Keep showing up. Sometimes persistence looks as simple as coming to class, sending the email, or trying again.**

SUNY Niagara campus is closed on Monday, October 12 for Indigenous Peoples' Day



October 4th Noon at Bond Lake

Outdoor Adventure Club

Hike Open to All Students at Bond Lake ! There will be a van leaving from Student Housing at 11:45 am for those that would like to ride with others.

READ MORE

In Case You Missed it...

The Health & Wellness Center will share information on the CAMPUSWELL site about so many different topics to help you not only with your school work, but personal life as well.

MORE INFO

ANYTHING LOOK LIKE IT BELONGS TO YOU?

The Public Safety Office is beginning to accumulate a large number of lost items, including numerous water bottles. If you've lost something since the start of the semester and haven't been able to locate it, **please visit us in G106** to see if we have your lost item.

We'd be happy to help reunite you with your belongings!



ONLINE Class begins October 26th

LLC 161 Search. Discover. Succeed.



Have you ever spent too much time searching for information—or wonder if what you found is actually reliable?
Hi, I'm Michelle Harris, Reference Librarian at SUNY Niagara, and I'm excited to offer LLC 161: Library Research this fall. This one-credit online course will help you search smarter, evaluate information, and become a more confident researcher—skills you can use in your classes and everyday life.

You'll learn how to:
• Find information using library resources, academic databases, and the web
• Develop smarter search strategies
• Evaluate sources and think critically
• Use information ethically and responsibly
Open to students in all programs • Honors credit available • No additional tuition charge
Whether you're researching a paper or simply trying to figure out what information you can trust, LLC 161 can help you find it, check it, and use it with confidence. I hope you'll join me this fall!

LEARN MORE

THINKING ABOUT TRANSFER? 📁🌐

ORDERING A TRANSCRIPT

Place your order online through **Banner Web**:
- Go to the Student Records card
- Click on Academic Transcript - Order Official

You may also go to the **Records Office webpage** and click on the "Order Official Transcripts" button.
The fee is $10 plus tax for each official transcript ordered.

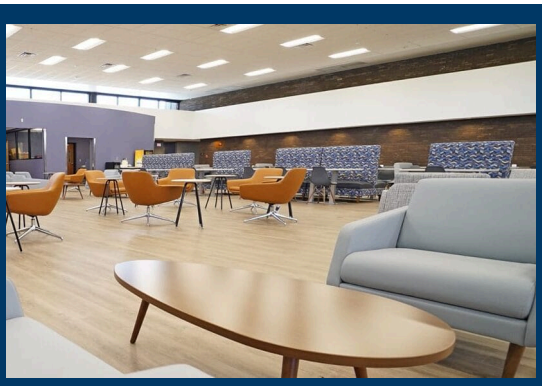
Please note: Unofficial transcripts are free of charge and may be obtained by logging into **Banner Web**; go to the Student Records card; choose Academic Transcripts – View Unofficial.

Questions? Email **records@niagaracc.suny.edu**, call (716) 614-6250, or stop by the Records Office (A-161) for assistance.



LA PATISSERIE

VIEW MENU!



DINING COMMONS

VIEW MENU!

THIS WEEK CAREER & TRANSFER Pop Up💼🎓

Take advantage of employers and transfer recruiters on campus to plan your path after SUNY Niagara! Stop by their information table and say hello.

October 5th:

- Canisius University 12:00 - 1:30 pm in the Learning Commons

October 6th:

- University at Buffalo- 12:00 - 1:30 pm in the Learning Commons

October 7th:

- Niagara University - 12:00 - 1:30 pm in the Learning Commons

October 8th:

- SUNY Brockport Noon - 1:30 pm in the Learning Commons
- NY Army National Guard 10:00 am - 2:00 pm in the Nursing Wing C-Building

October 9th

- SUNY Buffalo State University 12:00 - 1:30 pm in the Learning Commons

LOOKING FOR A JOB? TRY HANDSHAKE 🤝!

Did you know **every SUNY Niagara student already has a Handshake account?** All you need to do is set up your profile, and you're ready to start exploring opportunities!

Handshake is where you can find **on-campus and off-campus jobs, internships, and Federal Work-Study positions**. New opportunities are added regularly, so be sure to check back often.

SET UP YOUR PROFILE TODAY!

THE SPIRIT: SUNY NIAGARA'S STUDENT-RUN NEWSPAPER 📰

The Spirit is SUNY Niagara's student newspaper, sharing campus news, student perspectives, features, events, and stories from across the college community.

Students are encouraged to get involved! Have a story idea, campus news, an opinion, photos, or something you think the SUNY Niagara community should know about? Submit your content for consideration in an upcoming issue.

Fall 2026 Publication Schedule:

- September 27 - Online Only
- October 18 - Print & Online
- November 8 - Print & Online
- November 22 - Print & Online
- December 14 - Print & Online

Submit content to: **spirit@niagaracc.suny.edu**

Whether you want to read the latest issue or contribute to the next one, The Spirit is a place for SUNY Niagara student voices, stories, and experiences.

READ THE NEWEST EDITION OF THE SPIRIT

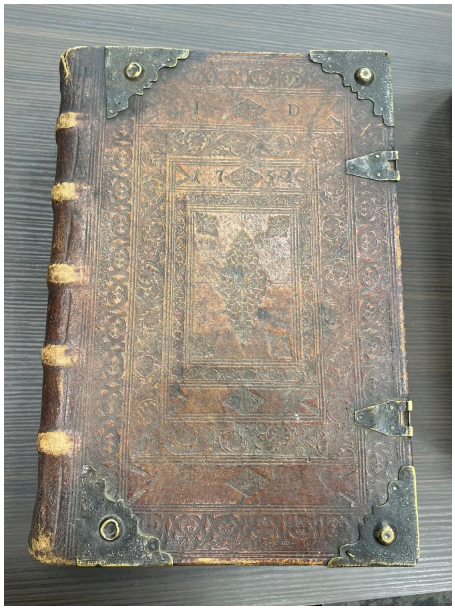


October 8th 11 am

Coffee with a Tutor in D102 the Academic Center for Excellence while supplies last!

Treichler Family Bible in Lewis Library until Dec. 24th

HISTORIC 1571 FROSCHAUER BIBLE ON DISPLAY



Printed in Zurich, Switzerland, in 1571 by Christoph Froschauer, this Bible was treasured and passed down through generations of the Treichler family. Its journey eventually carried it across the Atlantic and into the United States, where the Treichlers settled in Pennsylvania before becoming some of the earliest settlers of Sanborn, New York.

LEARN MORE

WANT TO SEE MORE EVENTS?

All events submitted to Live Whale/Events will be linked to in every Weekly Wolf, so there is no need to also post separately.

SUBSCRIBE TO ALL EVENTS!

VIEW ALL EVENTS!

SUBSCRIBE TO THE WEEKLY WOLF!



SUNY Niagara | 3111 Saunders Settlement Road | Sanborn, NY 14132 US

Unsubscribe | Constant Contact Data Notice

Constant Contact

Try email & social marketing for free!