



SUNY NIAGARA

Dietetics Studies, A.S.

Overview

With a degree in Dietetics, you will be able to provide clients with a holistic approach to a healthy lifestyle through the food they consume. This science and math-based curriculum provides the foundation for students to examine the relationship between nutrition and disease, proper food preparation, and apply their knowledge of health and nutrition in a variety of settings. Program outcomes also include improved communication, critical thinking and problem-solving skills.

Designed for transfer into a 4-year institution.

Careers

Careers related to your program of study:

- Dietetic Technician
- Dietitian
- Nutritionist

Some careers may require more specialized education.

Contact

Program Coordinator

Lynn Brochu

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Division

Nursing, Physical & Allied Health

716-614-5940

Visit full catalog for specific course offerings for each semester:

<https://sunyniagara.edu/courses/dietetics-studies-a-s/>

<https://tinyurl.com/2s4yf6v8>

Program Requirements

First Semester

Credits

BIO 109 - General Biology I	4
BIO 109L - General Biology I Lab	0
ENG 101 - Writing I	3
HED 205 - Nutrition & Health	3
MAT 110 - Intermediate Algebra	4
HED 214 - Advanced First Aid and CPR	2

Total Credit Hours:

16 Cr.

Second Semester

BIO 213 - Human Anatomy and Physiology I	4
BIO 213L - Human Anatomy and Physiology I Lab	1
MAT 111 - Advanced Algebra & Trigonometry	4
NTR 215 - Integrative Lifespan Nutrition	3
PSY 110 - Introduction to Psychology	3
Total Credit Hours:	15 Cr.

Third Semester

SPE 102 - Public Speaking OR	
SPE 103 - Interpersonal Communication	3
CHE 120 - General Chemistry I	4
CHE 111L - General Chemistry I Lab	1
BIO 214 - Human Anatomy and Physiology II	4
BIO 214L - Human Anatomy and Physiology Lab II	1
MAT 164 - Introduction to Statistics	3
Total Credit Hours:	16 Cr.

Fourth Semester

ART 137 - Ancient to Gothic Art OR	
ART 138 - 14th to 19th Century Art OR	
MUS 100 - Exploring the Arts OR	
THA 100 - Exploring the Arts	3
SOC 101 - Introduction to Sociology	3
CHE 121 - General Chemistry II	4
CHE 113L - General Chemistry II Lab	1
CUL 121 - Culinary Foundations	3
SLA 101 - American Sign Language I OR	
SPA 101 - Elementary Spanish I	3
Total Credit Hours:	17 Cr.

The information provided is subject to change throughout the academic year. 3/9/2026