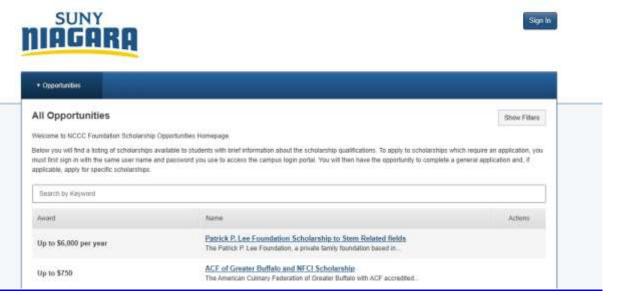
SUNY DIAGARA A community Calling's Spontaged by Nagara Caury

A weekly newsletter with information and news for SUNY Niagara Students For The Week of May 5, 2025 Published every Monday for the Week.

SCHOLARSHIP APPLICATIONS NOW OPEN!

Apply online today: https://sunyniagara.academicworks.com/



After login, you will be asked to complete a general application.

This will require 13 yes or no questions, entering any and all extra-curricular activities, a letter of reference, and an essay. DEADLINE TO SUBMIT FALL SEMESTER APPLICATIONS IS: 07/07/2025

Any and all questions, please contact the scholarships office below:

Joseph Losito Scholarships Coordinator, SUNY Niagara Financial Aid 716-614-6210 or email: <u>Scholarships@niagaracc.suny.edu</u>

Spring Final Grades will be available on Banner Web after 4 pm on Monday, May 19.

Log into Banner Web to obtain your grades:

• Enter Secure Area - log in with your T-Wolves Email username & password

- Click Student Records
- Click Student Profile
- Choose View Grades on the left side of the page

Assistance is available by contacting the Records Office at 716-614-6250 or via email at <u>records@niagaracc.suny.edu</u>. Records Office

Offer Feedback on Sanborn Dining Services:

We are looking for ways to improve your campus dining experience and need input. We will be conducting a quick (about 5 minutes) survey to gather feedback on Sanborn dining services. The survey will be open through May 6th. Your opinions will help us enhance the quality, variety and convenience of food offerings.

There are two ways to take the survey

(a) via an e-mail invitation to your T-Wolves account or

(b) scan the QR code on a table tent announcement located around campus.

As a thank you, one survey participant will win a \$50 Amazon gift card. Your feedback is valuable and help us enhance the dining experience for everyone.

Dining Services Committee

Join the Niagara Pride & Wellness 5K – Support LGBTQ+ Youth in Our Community!

SUNY Niagara is proud to host the 2025 Niagara Pride & Wellness 5K Fun Run/Walk on Saturday, May 10, 2025, from 9 am to 2 pm with the 5K starting at 10 am right from our campus at 3111 Saunders Settlement Rd, Sanborn, NY.

5K T-shirt and Food included with registration – hot dog, chips, and soda/water! Let's show up and show our support! **Sign up and find more info here:** <u>www.niagarapride.org/wnypride5k</u> Jonathan Bellomo, SPHR, Assistant Director of Human Resources

CONGRATUATIONS to our AMAZING STUDENT AWARD WINNERS!

SUNY PTK Award Winners



Dr. Holmes, SUNY Niagara President with Autumn Morgan, student award winner and Tyler Reddin, student award winner and Assistant Professor Paul Ratka



SUNY Niagara President Dr. Holmes Reflects on his PTK Journey

Dr. Lloyd Holmes, the newly appointed President of SUNY Niagara, recently shared his personal experience as a member of Phi Theta Kappa (PTK), the international honor society for two-year colleges. His journey with PTK began in 1989 during his sophomore year at Itawamba Community College in Fulton, Mississippi, where he majored in accounting.

www.ptk.org

SUNY Chancellor Award Winner Joseph Fantrazzo



Dr. John B. King, Jr. SUNY Chancellor, Joseph Fantrazzo, Dr. Lloyd A. Holmes, SUNY Niagara President

Barnes & Noble Bookstore News:

Grad Ticket Pick-Up

Tickets will be available to pick up starting Tuesday, May 6th at the campus store where cap & gown was purchased. An ID is required to pick tickets up- student id, license, etc. Extra tickets are not available to pick up yet. Public Relations will email students with how many they were able to give, and the date they will be available.

Sanborn store is open Monday & Tuesday 9-5, Wednesday & Thursday 8-4, & Friday 9-4 NFCI is open Monday 9-4 and Tuesday – Friday 9-3 Call 716-614-6840 with any questions!

Rental Books are Due Friday, May 16th!

Return books at the front desk of the bookstore at any time! If you can't make it to the store while we are open, there is a drop-box outside the Sanborn store that will be unlocked on **May 1st** for students to utilize. Be sure to read the directions and fill out the provided paper slip so that we can check your rental book(s) in, and if you have multiple, please enclose them in the bag provided. **** We are unable to check in a rental without the student's name. Books dropped in without a slip attached will go to our "Mystery Pile" and the book will still appear on the student's account.****

NFCI students should make every effort to return their books to the NFCI store, but if absolutely necessary can utilize the drop-box on the Sanborn campus also.



Wellness Center News:

The new issue of CampusWell is out!

Video: Need a confidence boost? Try these 5 hacks"

https://niagaracc.campuswellplus.com/?video=4760&feed=78&utm_source=school&utm_medium=email&utm_content=confidence-boost-5-hacks&utm_campaign=0425W5

8 effective ways to boost your happiness: https://niagaracc.campuswell.com/the-science-of-happy

Ask the professor: "How do you deal with burnout from school and work stress?":<u>https://niagaracc.campuswell.com/ask-the-prof-deal-with-burn-out</u>

How alcohol disrupts your sleep cycle: https://niagaracc.campuswell.com/how-alcohol-affects-sleep

Why more time in nature is crucial for your health: https://niagaracc.campuswell.com/forest-bathing-benefits

Check out your SUNY Niagara resources, events, & announcements: https://niagaracc.campuswell.com/category/campus

Enter to be 1 of our 5 \$50 Amazon gift card winners this week: <u>https://niagaracc.campuswell.com/enter-to-win</u> Cheri Yager MSN, BSN, RN

Career and Transfer Services: Week of May 5:

<u>May 5, 2025</u>

Niagara University 10:30am-1:00pm in the Learning Commons

<u>May 6, 2025</u>

University at Buffalo - 10:00am-2:00pm in the STUDENT SUCCESS CENTER Canisius University- 10:00am-2:00pm in the Learning Commons

<u>May 7, 2025</u>

Buffalo State- 10:00am-2:00pm in the Learning Commons Army National Guard- 10:00am-2:00pm in the Learning Commons

<u>May 8, 2025</u>

Brockport- 10:00am-2:00pm in the Learning Commons Kate Murphy, Career & Transfer Services Program Administrator, Student Success Center, Learning Commons

STILL TIME for nominations for SUNY's Excellence Awards for full-time teaching faculty, professional staff, or librarian!

Have you been impacted by an EXCELLENT full-time teaching faculty member, professional staff or librarian at NCCC? Did this person make a difference for your educational journey?

Use the links below to complete a brief nomination for someone who has made a difference for you! Nominations for the following SUNY Chancellor's Awards for Excellence are now open and accepting nominations through May 16th.

Excellence in Teaching https://www.surveymonkey.com/r/ChancellorTeach25

Excellence in Librarianship https://www.surveymonkey.com/r/ChancellorLibrarian25

Excellence in Professional Service https://www.surveymonkey.com/r/ChancellorProfServ25

Excellence in Scholarship and Creative Activities https://www.surveymonkey.com/r/ChancellorScholar25

Excellence in Faculty Service https://www.surveymonkey.com/r/ChancellorFaculty25

Distinguished Teaching Professorship https://www.surveymonkey.com/r/ChancellorProfess25



O STRESS EVENT Unwind before finals week COME MAKE A SHIRT FOR THE CLOTHESLINE PROJECT Monday May 5th, 11am-2pm Campus Spa | ACE Conference Room Stop by to enjoy massage chairs, paraffin hand wax massage, and chair massages May 5th-May 9th | Lewis Library BREAK Buddha Boards & Fidget Toys All week long relax with a mindful, Zeninspired art practice of buddha boards and use any of our fidget toys to destress **Coloring Pages** Make a shirt to support and Adult coloring pages provide stress relief, enhanced mindfulness, boost advocate for victims of sexual brain function, and provide a healthy distraction from negative thoughts. violence **DIY Bookmarks** Add a personal touch to your May 5th - 7th from 10 AM-2 PM reading by coloring your own bookmark in the library IN THE STUDENT HUB Brought to you by Student Life, A.C.E and the Lewis Library SUNY NIAGARA Wellness Center RESENTATION PINATA EVEN WITH RA MARY **HOW SPANISH FOOD CONOUORED AMERICA** Student May 6:30 JOIN PROFESSOR BRIDGET BEILEIN FOR A FUN AND EDUCATIONAL Housing 5th PRESENTATION ON THE ROLE TACO BELL HAS PLAYED IN THE pm Game Room AMOUNT OF MEXICAN FOOD WE EAT IN AMERICA 2:00pm E202 **GET OUT YOUR STRESS BEFORE** FINALS AND WHACK A PINATA FOR CANDY AND PRIZES FREE CHIPS AND QUESO PROVIDED



Finals stressing you out??? Need a study break?

Stop by for cuddles, wet noses, wagging tails, and a much-needed mental break

TUESDAY, MAY 6TH 12 PM - 2 PM, IN G244



GRAD CAP DECORATING

CLASS OF 2025

LEARNING COMMONS THURSDAY, MAY 8TH 11AM-2PM

JOIN US FOR A CREATIVE SESSION TO DECORATE YOUR GRAD CAP AND CELEBRATE YOUR ACHIEVEMENTS IN STYLE

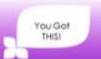
FUEL UP FOR FINALS Feeling stressed about finals??

Take a little break and stop by our table for some healthy snacks!

> Monday, May 12th 11am - 1pm

Location: Learning Commons

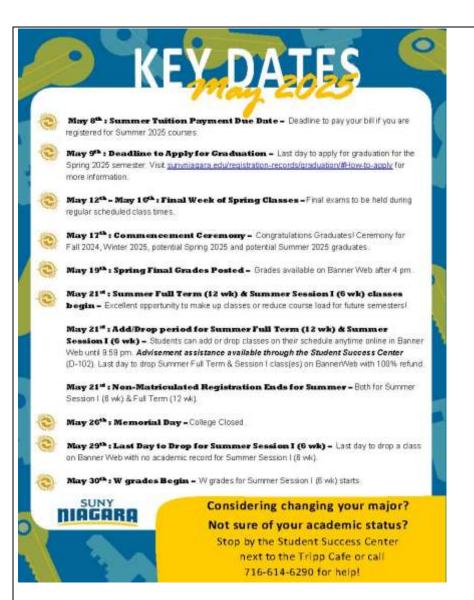






Sponsored by the Wellness Center





Missed an issue Weekly Wolf? Visit this website for past issues: http://www.niagaracc.suny.edu/weeklywolf/