

Barnes & Noble News:

Last Week to Purchase Caps & Gowns!!

Students MUST head to the bookstore (either Sanborn or NFCI) and fill out the form to purchase **in store** by **Friday, May 2nd**. Students who have done this will have 2 guest tickets reserved and be eligible to participate in the commencement ceremony on May 17th. No exceptions can be made for students attempting to purchase regalia after the deadline.

Tickets will be available to pick up starting Tuesday, May 6th at the campus store where cap & gown was purchased. An ID is required to pick tickets up- student ID or license.

Everyone who buys the cap & gown will receive a FREE pocket notebook (while supplies last) and a SUNY Niagara or NFCI Lawn Sign! The cost is **\$44.98** for the cap, gown, and tassel (no tax). Diploma frames are also available at both campus stores.

Sanborn store is open Monday & Tuesday 9-5, Wednesday & Thursday 8-4, & Friday 9-4

NFCI is open Monday 9-4 and Tuesday – Friday 9-3

Call 716-614-6840 with any questions!

Rental Books are Due Friday, May 16th!

Return books at the front desk of the bookstore at any time! If you can't make it to the store while we are open, there is a drop-box outside the Sanborn store that will be unlocked on **May 1st** for students to utilize. Be sure to read the directions and fill out the provided paper slip so that we can check your rental book(s) in, and if you have multiple, please enclose them in the bag provided. **** We are unable to check in a rental without the student's name. Books dropped in without a slip attached will go to our "Mystery Pile" and the book will still appear on the student's account.****

NFCI students should make every effort to return their books to the NFCI store, but if absolutely necessary can utilize the drop-box on the Sanborn campus also.



Figure 1 Destress Fest at Bookstore

Important Spring Deadline – April 29th:

The deadline to request an S/U/W Grade or Withdraw from the College is Tuesday, April 29.

Withdraw from a Class – To drop a course and receive a W (withdrawal) grade as a final grade, complete the electronic [Drop or Withdraw from a Course](#) form.

Withdraw from College (All Classes) – To withdraw online from the college and receive “X” grades for **ALL** of your current courses, complete the electronic [Request for College Withdrawal \(All Classes\)](#) form. If you completed any modular courses, you will receive the grade earned and “W” grades will be applied to all other college coursework.

Satisfactory/Unsatisfactory (S/U) Grades – To elect to receive a final grade of S/U in a course, students must submit the electronic [S/U grade request](#) form which will also require approvals from the course instructor and the student's advisor. Selecting the S/U option may be beneficial to students in certain circumstances; however, students should be aware of the impact on course loads in future semesters, financial aid/academic standing implications, and the transferability of S/U grades. Both grading options may also impact eligibility for Excelsior. Please contact the Financial Aid Office for questions related to Excelsior.

Mod courses differ in deadlines – refer to the online [Student Calendar](#) for more information.

If you would like to discuss any of these options, please contact the Student Success Center at 716-614-6290 or email studentsuccess@niagaracc.suny.edu.

If you have any questions about submitting a form, please email records@niagaracc.suny.edu or stop by the Records Office in A-161.

Submit a Graduation Application by May 2nd!

- Log into Banner Web
- Go to "Student Records"
- Click on "Apply for Graduation"

The online application allows you to confirm the degree/certificate you are seeking and designate a preferred name on your diploma. *If you are earning more than one degree and/or certificate in May 2025, please submit an application for each.*

For more information regarding graduation, please visit: <https://sunyniagara.edu/registration-records/graduation/>
Assistance is available in Records – A-161 or call (716)614-6250
Records Office

Offer Feedback on Sanborn Dining Services:

We are looking for ways to improve your campus dining experience and need input. We will be conducting a quick (about 5 minutes) survey to gather feedback on Sanborn dining services. The survey will be open through May 6th. Your opinions will help us enhance the quality, variety and convenience of food offerings.

There are two ways to take the survey
(a) via an e-mail invitation to your T-Wolves account or
(b) scan the QR code on a table tent announcement located around campus.

As a thank you, one survey participant will win a \$50 Amazon gift card.
Your feedback is valuable and help us enhance the dining experience for everyone.
Dining Services Committee

Wellness Center News:

The new issue of *CampusWell* is out!

Video: Quiet your inner critic with this meditation

https://niagaracc.campuswellplus.com/?video=2139&feed=115&utm_source=school&utm_medium=email&utm_content=quiet-inner-critic-this-meditation&utm_campaign=0425W4

How alcohol disrupts your sleep cycle

<https://niagaracc.campuswell.com/how-alcohol-affects-sleep>

Why more time in nature is crucial for your health

<https://niagaracc.campuswell.com/forest-bathing-benefits>

How to overcome your fear of failure

<https://niagaracc.campuswell.com/mindfully-handle-your-mistakes>

FitnessU: High-intensity interval training (HIIT)—A fast way to fit

<https://niagaracc.campuswell.com/fitnessu-hiit-workout>

Check out your SUNY Niagara resources, events, & announcements:

<https://niagaracc.campuswell.com/category/campus>

Enter to be 1 of our 5 \$50 Amazon gift card winners this week:

<https://niagaracc.campuswell.com/enter-to-win>



Cheri Yager MSN, BSN, RN

Join the Niagara Pride & Wellness 5K – Support LGBTQ+ Youth in Our Community!

SUNY Niagara is proud to host the 2025 Niagara Pride & Wellness 5K Fun Run/Walk on **Saturday, May 10, 2025, from 9 am to 2 pm** with the 5K starting at 10 am right from our campus at 3111 Saunders Settlement Rd, Sanborn, NY.

This isn't just a 5K – it's a chance to run, walk, strut, or sashay your way across the finish line while supporting a vital cause. Niagara Pride is working to raise \$30,000 to launch the first-ever LGBTQ+ Youth Drop-In Program in Niagara County. This safe and affirming space will help combat the challenges LGBTQ+ youth face – including elevated risks of depression, anxiety, substance use, and bullying. Did you know?

- LGBTQ+ youth are more likely to experience mental health challenges than their straight peers.
- A 2019 Trevor Project study found that every 45 seconds, an LGBTQ+ youth between the ages of 13–21 attempts suicide.

To show our appreciation, SUNY Niagara employees and students who register for the 5K will receive a **SUNY Niagara cooling headband!** Pick yours up in the Human Resources office in A-261 the week of May 5th.

We encourage everyone to wear their headbands during the event – not only will it help you stay cool, but it will also help identify fellow SUNY Niagara participants and show our united support as a campus community.

5K T-shirt and Food included with registration – hot dog, chips, and soda/water! Let's show up and show our support!

Sign up and find more info here: www.niagarapride.org/wnypride5k

Jonathan Bellomo, SPHR, Assistant Director of Human Resources

Career and Transfer Services: Week of April 28:

April 28:

Niagara University 10:30am-1:00pm in the Learning Commons

Little Portion Friary- 11:30am-3:30pm at Niagara Falls Culinary Institute

April 29:

University at Buffalo - 10:00am-2:00pm in the Learning Commons

Niagara University - 10:00am-2:00pm in the STUDENT SUCCESS CENTER

Niagara University Nursing department - 10:00am-2:00pm in Nursing Wing - C-Building

CSL Plasma - 10:00am-2:00pm in Nursing Wing - C-Building

Daemen University - 10:00am-2:00pm in Nursing Wing - C-Building

April 30:

Grand Canyon University- 10:00am-2:00pm in the Learning Commons

Neighborhood Health Center - 10:00am-2:00pm in the Learning Commons

May 1:

Alfred University- 10:00am-2:00pm in the Learning Commons

May 2:

Brock University - 10:00am-2:00pm in the Learning Commons

Niagara University 11:00am-1:00pm at Niagara Falls Culinary Institute

**UB Meet & Greet with Business and Accounting students Friday, May 2, 2025, B-216, 10:30 am-2:00pm.*

Kate Murphy, Career & Transfer Services Program Administrator, Student Success Center, Learning Commons

Call for nominations for SUNY's Excellence Awards for full-time teaching faculty, professional staff, or librarian!

Have you been impacted by an EXCELLENT full-time teaching faculty member, professional staff or librarian at NCCC? Did this person make a difference for your educational journey?

Use the links below to complete a brief nomination for someone who has made a difference for you! Nominations for the following SUNY Chancellor's Awards for Excellence are now open and accepting nominations through May 16th.

Excellence in Teaching

<https://www.surveymonkey.com/r/ChancellorTeach25>

Excellence in Librarianship

<https://www.surveymonkey.com/r/ChancellorLibrarian25>

Excellence in Professional Service

<https://www.surveymonkey.com/r/ChancellorProfServ25>

Excellence in Scholarship and Creative Activities

<https://www.surveymonkey.com/r/ChancellorScholar25>

Excellence in Faculty Service

<https://www.surveymonkey.com/r/ChancellorFaculty25>

Distinguished Teaching Professorship

<https://www.surveymonkey.com/r/ChancellorProfess25>

Congrats to Griffin and Cassidy! Please Join Us for the Reception on May 1st.

Meet Honors Institute Graduate Griffin Sirdevan

HONORS RESEARCH PROJECT
presented at the Student Showcase:

- ◆ Nature vs. Nurture in a Serial Killer

Future Plans:
Niagara County Police Academy

A.S. in
Criminal Justice
GPA: 3.82



HONORS COURSE WORK:

- Intro to Archaeology
- American Art
- Contemporary Literature & Social Justice
- Healthful Living
- Honors Capstone Research Project Colloquium
- Historical Preservation Colloquium
- Psychology & Wellness Colloquium

Meet Honors Institute Graduate Cassidy Wagner

HONORS RESEARCH PROJECT
presented at the Student Showcase and the NYS Fair in Syracuse:

- ◆ Searching the Stars with Spectroscopy in collaboration with the 2024 Eclipse

Future Plans: My future plans are to continue in environmental science in park management in the Wilson-Tuscarora State park.

Future Goals: I plan to continue in the New York State parks system before working in National Parks helping the public educate themselves and enjoy our natural resources.



HONORS COURSE WORK:

- Our Solar System
- The Universal Extraterrestrial Life
- American Art
- Library Research Methods
- Healthful Living
- Children's Literature
- Historical Preservation Colloquium

A.S. in
Liberal Arts & Sciences:
Mathematics and Science
GPA: 3.95

*The Honors Institute
and
SUNY Niagara
cordially invite you to the*

**HONORS INSTITUTE
GRADUATION CELEBRATION**

Thursday, May 1st, 2025
4:00 pm – 5:30 pm
Honors Lounge
E 225

*Please join us in celebrating our current
Honors Graduates
Cassidy Wagner and Griffin Sirdevan*

Refreshments will be served following the ceremony.

**SUNY
NIAGARA**

**HEALTH, WELLNESS, AND
FINANCIAL FAIR**

MAY 1, 2025 | 11:00AM - 2:00PM
LEARNING COMMONS

OPEN TO ALL SUNY NIAGARA STUDENTS AND EMPLOYEES!



Missed an issue Weekly Wolf? Visit this website for past issues: <http://www.niagaracc.suny.edu/weeklywolf/>