Week of November 11, 2024

A weekly newsletter with news and information for SUNY Niagara Students.





It can also be found on the web https://www.niagaracc.suny.edu/studentlife/weeklywolf/

College is Closed Monday, November 11 SUNY Niagara Shuttle will run Sunday/Holiday Hours and Dining Commons will be open 11:30 am to 2:30 pm

Fall 2024 Graduation Application Deadline:

The deadline to file for Fall graduation is December 13.

If you plan to earn more than one degree, certificate and/or microcredential in the fall semester, please submit a graduation application for each.

- Apply through Banner Web:
 - Click on "Student Records"
 - Click on "Apply for Graduation"
 - Select the major you are applying for. If you do not see your major listed, please contact the Enrollment Center at 716-614-6250.
 - Verify how your name should appear on your diploma.
 - o Review the information you entered is correct and click "Submit Request"
 - You can view your submitted application under the Student Records tab of Banner Web at any time.
 - o If your mailing address has changed, please update the Personal Information tab of Banner Web. Your diploma will be mailed to your mailing address on file.

More information on how to apply, graduation, and what's next after you've applied can be found on our website: https://www.niagaracc.suny.edu/registration-records/graduation/

Career and Transfer Services:

Week of 11/11/2024-11/15/2024

November 11, 2024

College CLOSED

November 12, 2024

Niagara University- 10:30am-1:00pm - in the Learning Commons Intandem- 10:00am-2:00pm - in the Learning Commons

November 13, 2024

NYS DEC Summer Camps - 11:30am-3:30pm at Niagara Falls Culinary Institute

November 14, 2024

ARMY National Guard- 10:00am-2:00pm in the Learning Commons NYS Park and Rec - Park Rangers- 10:00am-2:00pm in the Learning Commons

November 15, 2024

none

Kate Murphy, Career & Transfer Services Program Administrator, Student Success Center, Learning Commons

Henrietta G. Lewis Library:

Collections: https://suny-nia.alma.exlibrisgroup.com/discovery/collectionDiscovery?vid=01SUNY NIA:01SUNY NIA



Andy Aquino, Public Services Librarian

Student Life Events:



LIFE IS BETTER with FRIENDS

Blood Drive

SUNY Niagara (Student Center) G Building - Room 211 3111 Saunders Settlement Rd, Sanborn, NY 14132

Tuesday, November 26, 2024 9:30 a.m. to 2:30 p.m.

Sponsored by: Office of Student Life

Download the Blood Donor App, visit RedCrossBlood.org or call

1-800-RED CROSS to schedule your appointment today!

Find A Drive: SUNY Niagara



Appointments Preferred ID Required



PPOINTMENTS

Get Two Custom Pairs of FRIENDS + Red Cross Socks when you give

"while supplies last"

Keep a pair and give a pair to a friend.

Help spread the word about how important and easy donating blood is!







Recipe of the Week:

INGREDIENTS

- . 14.5 dunces reduced sodium chicken broth
- · 3/4 cup write rice unopoked
- . Tteaspoon chill powder
- . It gunces canned whole ternel cam drained
- . 125 purices canned chicken breast drained
- · 10 sunces canned militi enchisida educe titvided
- 4 cuinces conned diget jurgienos alcaned
- handful monterey jack or Mexican blend cheese shredded

DIRECTIONS

- I firting chicken broth and chill powder to a simmer in a skillet with a lid over medium hoot. Stir in rice, reduce hear to tow, and cover.
- bear to low and cover measure hood. Shir in not, reduce hear to low, and cover.

 2.Cook rice approximately 15 minutes, stilling occasionally, until most of legal of about hulf the enchlade source. Peplace Ed. return heat to medium, and cook for approximately five minutes langer of until heated through.
- 3 See resistors well, and sprintis cheese year this top, brizzle desired omigent of remaining enchilate sauce over the cheese (you dun't have to use the whole con), replace 3d once more, and heat a few more minutes until cheese is melted.



This and other great recipes can be found in the books in the Food Pantry. Some ingredients may also be available in the Food Pantry for each recipe.



Wellness Center News:





SUNY Niagara Wellness Center & NAMI Buffalo

NAMI Buffalo will share their "Ending the Silence" presentation for Mental Health Monday!

> Free food (boneless wings)! Free giveaways!

Any student that attends will be entered into a raffle for a \$50 Amazon gift card – there will be 2 winners!

Monday, November 18th 4-5pm Housing, 1th Floor Game Room ALL students welcome!



Cheri Yager MSN, BSN, RN, Supervisor, Health & Wellness Center



