# Week of September 9, 2024



A weekly newsletter with news and information for SUNY Niagara Students. It can also be found on the web <a href="https://www.niagaracc.suny.edu/studentlife/weeklywolf/">https://www.niagaracc.suny.edu/studentlife/weeklywolf/</a>

#### Fall 2024 - Drop/Delete Deadline:

The deadline to drop/delete Fall 2024 courses is Monday, September 23. Courses dropped on or before this date will not appear on your transcript/schedule. However, please be aware that you may incur financial liabilities. Click <a href="here">here</a> for more details.

To drop a class yourself by logging into **Banner Web**:

- Click on "Registration"
- Click on "Register for Classes" and select the term
- On the Registration menu, click on "Register for Classes" and select the term
- A list of registered courses will appear in the Summary section. If you cannot see the Summary section, click on "Panels" at the bottom left side of the page to expand.
- To drop a course, choose "Web Drop" or "Web drop during Penalty Period" from the drop-down next to the course you want to drop.
- Click "Submit Changes"

#### To request a course be dropped by the Enrollment Center:

- Log into Banner Web, click on Registration, Withdraw from a Class, or
- Click here to Drop or Withdraw From a Class, or
- Contact the Enrollment Center via TWolves email at records@niagaracc.sunv.edu.

If you choose to drop a course after September 23, the course will remain on your transcript and a "W" grade will be assigned. If you have questions about dropping a course, please contact the **Student Success Center** at 716-614-6290 or email <a href="mailto:studentsuccess@niagaracc.suny.edu">studentsuccess@niagaracc.suny.edu</a>. Modular courses differ in deadlines. Please go to the <a href="mailto:Student Calendar">Student Calendar</a> and click on Modular Class Dates for detailed information.

## **Back to School and Respiratory Viruses**

It's back to school season! As you get back into your school routine, it is important to remember that there are things you can do to protect yourself and your family from respiratory viruses.

CDC's <u>Respiratory Virus Guidance</u> provides practical recommendations and information to help lower the risk of common respiratory viral illnesses, including COVID-19, Flu, and RSV.

- Stay up to date with immunizations
- Practice good hygiene
- Take steps for cleaner air
  - When you may have a respiratory virus:
     Use precautions to prevent spread
  - Seek health care promptly for testing and/or treatment if you have <u>risk factors for severe illness</u>; <u>treatment</u> may help lower your risk of severe illness

Additional prevention strategies you can choose to further protect yourself and others include:

- Wearing Masks
- Physical distancing
- Test for COVID, Flu, RSV

If you have the following symptoms, please stay home:

- Fever (including a fever with a new rash)
- Vomiting more than twice in the preceding 24 hours.
- Diarrhea
- Skin sores that are draining fluid on an uncovered part of the body and are unable to be covered with a bandage.
- Respiratory virus symptoms that are worsening or not improving and not better explained by another cause such as seasonal allergies.

You may return to the school setting when:

- You have not had a fever (and are not using fever-reducing medicine) for at least 24 hours.
- Fever with a new rash has been evaluated by a healthcare provider and fever has resolved.
- Uncovered skin sores are crusting
- Vomiting has resolved overnight and you can hold down food / liquids in the morning.
- Diarrhea has improved; Bloody diarrhea should be evaluated by a healthcare provider prior to return.
- Respiratory virus symptoms are getting <u>better overall</u> for at least 24 hours. Students and staff returning after a respiratory illness can consider <u>additional actions</u> to reduce spread (as above).

Welcome to our new and returning SUNY Niagara students! We hope everyone has a healthy start to the school year! As always, feel free to contact the Wellness Center C122, for further information.

Cheri Yager MSN, BSN, RN, Supervisor, Health &Wellness Center

#### **Athletic & Intramural News:**

Visit the webpage for the current listing of events and activities. <a href="https://ncccathletics.com/landing/index">https://ncccathletics.com/landing/index</a> Amanda Haseley, Director of Athletics

#### Career and Transfer Services:

For the Week of September 9:

September 9, 2024

Marines - 10:00am-2:00pm in the Learning Commons

Niagara University- 10:30am-1:00pm in the Learning Commons

RAIV Hospitality Group - 11:30am-3:30pm at Niagara Falls Culinary Institute

September 10, 2024

Ohio Technical College- 10:00am-2:00pm in the Learning Commons University at Buffalo - 10:00am-2:00pm in the Learning Commons

September 11, 2024

Army National Guard- 10:00am-2:00pm in the Learning Commons

Intandem- 10:00am-2:00pm in the Learning Commons

Ithaca College- 10:00am-2:00pm in the Learning Commons

Little Portion Friary- 11:30am-3:30pm at Niagara Falls Culinary Institute

September 12, 2024

The Salon Professional Academy- 10:00am-2:00pm in the Learning Commons

September 13, 2024

Wheatfield Commons- 11:30am-3:30pm at Niagara Falls Culinary Institute

Kate Murphy, Career & Transfer Services Program Administrator, Student Success Center, Learning Commons

#### **Student Success Center News:**

If you are looking for help with success coaching, career or job information, internships, setting up course schedules, study abroad, transferring to a 4-year college, or have a random concern that needs attention, head to the Student Success Center.

All of the great staff are there to assist you. Call, email, or drop by and we will make sure your needs are met. We truly look forward to working with you! We wish you the best this semester! Phone: 716-614-6290, Email: <a href="mailto:studentsuccess@niagaracc.suny.edu">studentsuccess@niagaracc.suny.edu</a> Location: D-102 within the Learning Commons.

# Student Life Events:





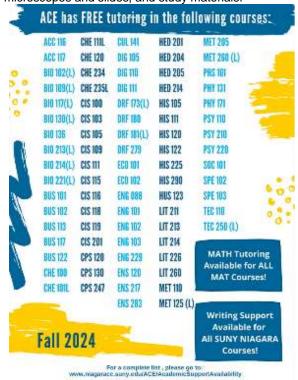


#### NFCI:



## **ACE Your Classes This Fall!**

The Academic Center for Excellence is open Monday - Thursday, 8:00am - 8:00pm, Friday, 8:00am - 5:00pm, and Saturday, 10:00am - 2:00pm. They are there to help with free tutoring, computers for student use, printing, anatomical models, microscopes and slides, and study materials.



# The SUNY Niagara Lewis Library welcomes students for the Fall 2024 semester!



Regular Fall 2024 Library Hours:

Monday – Thursday 8am-8pm and Friday – 8am-5pm

Saturday 10am-2pm

#### Students: Work in the Library!

The SUNY Niagara Lewis Library is looking for work study students to become part of our team in the library. Before contacting the library, please contact the Financial Aid office (finaid@niagaracc.suny.edu) or visit them in the Enrollment Center in Building A to see if you are eligible for the work study program.

#### **Job Description:**

Library circulation duties such as checking items in and out, re-shelving books, monitoring study rooms, and working on special projects. **Skills Required**: Only an interest in learning. We will train you on how to use the library computer system, read Library of Congress call numbers, and shelve the collections accurately.

Library contact: Jennifer Crandall Phone: 716-614-6797 Email: jcrandall@niagaracc.suny.edu

# **SUNY Niagara Barnes & Noble Bookstore Hours (Sanborn):**

#### **SUNY Niagara Barnes & Noble Bookstore Hours (NFCI):**

Alysha Brizzell, Assistant Store Manager Barnes & Noble Stores at SUNY Niagara

# Dining Services Hours:

**Dining Commons:** 

Monday-Friday: 8:30am-7pm and Saturday & Sunday: 11:30am-2:30pm

Commons Café:

Monday-Thursday: 730am-6pm\* and Friday: 730am-2pm

\*Closing time subject to change

#### Spread The Word!! Learn How to Ride!

Motorcycle Safety School is offering the Motorcycle 101 course at a 50% discount for NCCC students and faculty/staff for 2024! Motorcycling is FUN, and this is the way to start! This 2-hour hands-on introductory course covers the basics of motorcycle operation from what type of protective gear to wear to straight-line riding. Motorcycles are provided and students will be riding! To register call 718-599-1079 ext. 2 and use the code "COLLEGE 24" to redeem! Price is only \$50 (regular price is \$100) Offer valid until November 1st, 2024

# FLU/COVID SHOT CLINIC



Tuesday, September 10<sup>th</sup> C144 – SIM Debriefing Room 12:00pm – 3:00pm



Open to all Students, Faculty, Staff, and Community\*

Please Bring Your Insurance Card

If no Insurance, cost for Flu Shot = \$58 (Cash Only)

\*Pfizer and Moderna COVID Shots will also be available.



No Appointment Necessary! Further Info from the Wellness Center: C122, Ext 6275