



SUNY NIAGARA

Massage Therapy, A.A.S.

Overview

The field of Massage Therapy is a rapidly growing and highly diversified profession that includes valuable methods of healthcare, injury and rehabilitation treatment, athletic training support, and a wide range of spa services. This career path will provide students with the education to enter into the massage therapy profession.

Careers

Careers related to your program of study:

- Chiropractic Office
- Cruise Ships
- Franchises (Massage Envy, etc.)
- Home Offices/ Professional Offices – Sole Proprietor
- Hospitals/Nursing Homes
- Massage Clinics
- On-site Chair Massage
- Palliative Care
- Physician's Office
- Spas, Salons and Resorts & Hotels
- Sports Teams/Health Clubs

Some careers may require more specialized education.

Contact

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Program Coordinator

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Division

Nursing, Physical and Allied Health

716-614-5940

Visit full catalog for specific course offerings for each semester:

www.niagaracc.suny.edu/programs/mass

Program Requirements

First Semester

	Credits
BIO 117 - Human Biology	4
BIO 117L - Human Biology Lab	0
ENG 101 - Writing I	3
MAS 100 - Introduction to Massage Therapy	3
MAS 101/L - Western Massage Therapy I w/ Lab	3
MAS 102/L - Myology w/ Lab	3
Total Credit Hours:	16 Cr.

Second Semester

MAS 103/L - Eastern Massage Therapy w/ Lab	3
MAS 104/L - Kinesiology w/ Lab	3
MAS 105/L - Western Massage Therapy II w/ Lab	3
MAS 130 – Human Body Fundamentals for Massage Therapists	4
____ ____ - Communication – Oral (COMO) General Education	
Elective	3
Total Credit Hours:	16 Cr.

Third Semester

HED 214 - Advanced First Aid and CPR	2
MAS 203 - Health, Hygiene & Hydrotherapy	2
MAS 204/L - Pathology for Massage Therapists w/ Lab	3
MAS 205 - Massage Practicum I: Clinical Applications	2
PSY 110 - Introduction to Psychology	3
MAS 215 – Neurology	3
Total Credit Hours:	15 Cr.

Fourth Semester

MAS 206 - Massage Practicum II: Clinical Applications	3
MAS 207/L - Expanded in Related Modalities w/ Lab	3
PSY 210 - Lifespan Developmental Psychology	3
MAT 105 - Mathematics for Consumers OR	
MAT 106 – Contemporary Mathematics OR	
MAT 164 - Introduction to Statistics	3
SOC 101 – Introduction to Sociology	3
Total Credit Hours:	15 Cr.

The information provided is subject to change throughout the academic year.